

## Board of Directors

Gail Barber, RN  
Elsie Childs, *Treasurer*  
Pam DiNapoli  
Sarah Gleason, *President*  
Doina Lavoie-Gonci, PA-C

Linda Legassie  
Holly Lyman, *Vice President*  
Mary Lou Rice, OT  
Carol Ridgway, *Secretary*  
Michelle Speirs

## Honorary Director

First Selectwoman Martha Shoemaker

## Associate Directors

Connie Cliffe  
Allyson Gleason  
Connie Knauff  
Faith Kozikowski, RN,  
MSN, CNML

Pauline Maynard  
Kris Magnussen, MSN, RN  
Ellen V. White

## Administration

Cindi Taylor, *Executive Director*  
Karen Ort, BSN, RN, *Clinical Supervisor*  
Denise Piersa, RN, *Town Nurse*

## Volunteer Opportunities

As a volunteer organization, we are always looking for new members, either Directors or Associate Directors. Directors attend meetings, vote on proposals, organize and lead projects. Associates help with projects that interest them. All residents are welcome to attend our Board meetings, held at 1 pm on the second Monday of each month except July and August.

**INTERESTED IN VOLUNTEERING?**

**Call Cindi Taylor 860-876-0456**

# OLD LYME VISITING NURSE ASSOCIATION, INC.

We are your hometown non-profit organization, offering services to improve health, safety, and well-being for all ages.

## Town Nurse Office Hours

Monday-Friday, 11 am - 1 pm  
860-434-7808

## GOOD TO KNOW

When you are discharged from the hospital, we hope you will request the services of our partner agency, the Visiting Nurse Association of Southeastern CT.

The VNASC can coordinate with Medicare, Medicaid, and private insurance to arrange services at home:

- skilled nurses
- physical, occupational, and speech therapists
- certified home health aides
- medical social workers.

**860-444-1111**



Caring for All Ages  
since 1922

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Monday-Friday, 11 am - 1 pm  
860-434-7808

Mailing address:

P.O. Box 56  
Old Lyme, CT 06371

[oldlymevna@gmail.com](mailto:oldlymevna@gmail.com)

February 2024

Dear Old Lyme, Lyme and South Lyme neighbors,

As another year has quickly rolled around, we continue in our endeavors to serve the communities. To best meet the needs, we are currently offering services in a variety of locations – Old Lyme Memorial Town Hall, The First Congregational Church of Old Lyme and Lyme Public Library. Please call the Town Nurse, Denise Piersa, at 860-434-7808 or check our website [oldlymevna.org](http://oldlymevna.org) for dates and times to make an appointment.

Nurse Piersa embodies our core mission in providing individual care with wellness visits in your home as well as community blood pressure and foot clinics.

In addition to town nurse service, our group works as a whole to provide education and health services to the community. With collaboration from Ledge Light Health District, Medical Reserve Corps, local police and fire departments and our Emergency Manager, we conduct the annual drive through flu clinic which has been proven to be wonderfully successful.

We are committed to continuing community support of mental health and recovery programs for our youth, as well as providing food cards for those in need. If you need food assistance or help, please call your Social Services Office, the Lymes' Youth Service Bureau, the Lymes' Senior Center or Project Courage.

Being cognizant of the lack of medical professionals, we are pleased to announce our new scholarship program to CT Community Colleges Three Rivers Nursing Program for our community residents who are enrolled.

We wouldn't be able to continue this work without the generous support of our townspeople. Many thanks to all.

Sincerely,

Sarah M. Gleason  
President

# OLVNA ~ Serving and Enriching our Community

## Office Consultations



Our Town Nurse, Denise Piersa, is available at multiple locations. To set up a time and place for your appointment, call 860-434-7808.

## Independence at Home

For residents who are sick or convalescing at home, our Town Nurse can make monthly house calls for health assessment and promotion. With HIPAA permission, she can also consult with family members.



If your doctor orders skilled care, our nurse can coordinate through our partner agency, the Visiting Nurse Association of Southeastern Connecticut. These skilled services do incur a fee, but the cost is usually covered by Medicare, Medicaid, or private insurance. The goal of this service is to enable residents to age safely and independently in their own homes.

## Annual Flu Clinic

For the past four years we have held our Annual Flu Clinic as a drive-through event at the Lyme-Old Lyme Middle School. While residents stay in their cars, we give regular strength flu shots. Because of the success of this event, we will continue this drive-through service. Many thanks to all the people and organizations who contribute time, talent, and expertise to make this possible!



## Food Support

For many years we have donated food gift cards. We've recently expanded this service so that cards are distributed four times a year through Lyme and Old Lyme Social Services, the Lymes' Youth Service Bureau and the Lymes' Senior Center. We were also proud to "sponsor" a row at the Lyme Old Lyme Food Share Garden, which helps support healthy nutrition in the community.



## Plus

- All ages enjoyed our refreshment stop at the Terri Brodeur Breast Cancer Foundation 18th Annual Walk for a Cure
- We supported the Lymes' Youth Service Bureau's counseling program for youth
- We supported the LYSB's mental wellness activities at the Annual Lyme-Old Lyme High School Field Day



## Education for Everyone

In order to offset the shortage of medical workers, we provided scholarships to nursing students at CT State Community College Three Rivers Nursing Program who matriculated into the program, demonstrated financial need, and lived in the towns of Old Lyme, Lyme or South Lyme.



We also continued to provide scholarships to local high school graduates who plan to study health care. We help administer health care scholarships for the Mary Hubbard Noyes Memorial Scholarship Fund.

In spring of 2023, scholarships were awarded to Lyme-Old Lyme High School graduates Gretchen Burgess, Jennifer Cajamarca and Monique Lavoie. Gretchen Burgess also won the Mary Hubbard Noyes Memorial Scholarship.



Our board works as a group to learn about community health needs, with frequent guest presentations. Residents are always welcome to attend our meetings.

Be sure to visit our website at: [www.oldlymevna.org](http://www.oldlymevna.org)