

Old Lyme Visiting Nurse Association

We want you to enjoy those summer picnics!

- **Make sure you wash your hands and surfaces often.**
- **Use separate platters for raw and cooked food.**
- **Use a thermometer to make sure food is cooked thoroughly.**
- **Refrigerate leftovers and keep items chilled.**
- **Most importantly – don't forget the ice cream!**



July is National Picnic Month!